

# Newton Medical Center Implementation Strategy

Year 3 FY 2017

July 2016



**Newton Medical Center**

*Family friendly. First class.*

PRIORITY	STRATEGIES	INPUTS	ACTIVITIES	OUTPUTS			IMPACT
				Short-term (Year 1)	Intermediate (Year 2)	Long Term (Year 3)	
		<b>Resources People</b>					<b>By June 30, 2020,...</b>
Improve Well-Being/  Mental Health/  Behavioral Health	<b>Reduce Barriers</b>	Generations Social Worker	Expand Caregiver Support	Secure a consistent place to meet with easy access for elderly patients			<b>Decrease the percentage of adults reporting physical or mental health kept them from doing usual activities (self-care, work, recreation) in the past 30 days from 25.8% to 24.8% as reported by the Kansas Behavioral Risk Factor Surveillance System.</b>
	<b>Enhance Skills</b>	Director of Therapy Services	Expand Better Breather's Group	Investigate methods to increase participation and referrals to this program			
	<b>Provide Support and Enhance Skills</b>	Chief Medical Officer	Reduce the number of bone fractures through Own the Bone Program	Expand participants enrolled by identifying potential participants through the ED			
	<b>Provide Support and Enhance Skills</b>	Population Management APRN and Chief Clinical Officer	Incorporate a Palliative Care program at our hospital	Investigate models and develop a plan			
	<b>Provide Support and Enhance Skills</b>	Chief Medical Officer	Reduce the number of community falls through Own the Bone Program	Expand participants enrolled by identifying potential participants through the ED			<b>Define our Community Wide Falls program and develop meaningful metrics and targets.</b>

<p>Improve Well-Being/ Mental Health/ Behavioral Health</p>	<p><b>Provide Education</b></p>	<p>Population Management APRN</p>	<p>Incorporate an education program on falls in our community</p>	<p>Develop and implement a community falls education program</p>			
<p>Prevent &amp; Manage Chronic Disease</p>	<p><b>Provide Information</b></p>	<p>Quality and Analytics</p>	<p>Make Education on the safety and benefit of immunizations available to our patients</p>	<p>Find and adopt a current resource for distribution to our patients</p>			<p><b>Increase the percentage of adults who get an annual flu vaccination from 46.9% to 48.9% as reported by the Kansas Behavioral Risk Factor Surveillance System.</b></p>
	<p><b>Reduce Barriers</b></p>	<p>Quality and Analytics, Clinical Informatics, Clinics</p>	<p>Use new EMR platform to better communicate and capture vaccination status</p>	<p>Share, by provider, how we do on capturing and providing the vaccination</p>			
	<p><b>Change Consequence</b></p>	<p>Chief Medical Officer</p>	<p>Implement a “no tobacco” policy before elective surgery</p>	<p>Investigate who is currently doing this and feasibility of spread</p>			<p><b>Decrease the rate of smoking from 13.1% to 12.1% as reported by the Kansas Behavioral Risk Factor Surveillance System.</b></p>

Prevent & Manage Chronic Disease	<b>Reduce Barriers</b>	Quality and Analytics, Clinical Informatics, Clinics	Use new EMR platform to better communicate and capture smoking status and intervention	Share, by provider, how we do on capturing smoking status and using interventions			
	<b>Provide Support</b>	Respiratory Therapy and Quality and Analytics	Increase impact on NMC patients of intervention for tobacco users	Begin tracking follow-up with KanQuit to understand impact			
	<b>Enhance Access</b>	Director of Therapy Services	Utilize Pulmonologist to address chronic disease prevention and management	Partner with Pulmonologist to define/develop goals			
	<b>Reduce Barriers</b>	Manager of Case Management	Reduce Sepsis Readmissions	Include Sepsis discharges in the Right On Track program			<b>Reduce Sepsis Readmissions to Newton Medical Center from 19% to 13% as reported by NMC Case Management</b>
				Incorporate Sepsis focus into Transitional Care Task Force			
	<b>Enhance Skills and Provide Support</b>	Diabetes Educator	Reduce overall Hemoglobin A1C	Focus Diabetes Education on reductions of hemoglobin A1C			<b>Decrease average follow-up Hemoglobin A1C for patients who participate in our diabetes education program from 8.8% to</b>

							7.0% as reported by our Diabetes Educator
	<b>Increase Access</b>	Chief Operating Officer	NMC and YMCA to develop a medically-based partnership model	Investigate feasibility and existing models, pursue grant funding and develop a plan			<b>Increase the percentage of adults meeting the weekly physical activity recommendation from 17.1% to 19.1% as reported by the Kansas Behavioral Risk Factor Surveillance System.</b>

Develop Viable Transportation Options for Health Needs	<b>Change Physical Design</b>	Provider Services Manager	Walking Path Expansion	Investigate feasibility, pursue grant funding and develop a plan			<b>*Decrease gaps in wellness Opportunities for those covered by our insurance from 58% to the Norm as reported by our third-party insurance administrator.</b>  <b>Increase the percentage of adults meeting the weekly physical activity recommendation from 17.1% to 19.1% as reported by the Kansas Behavioral Risk Factor Surveillance System.</b>
	<b>Change Physical Design</b>	Provider Services Manager	Partner with Eagle Scouts to build nesting boxes for geese to improve path maintenance	Investigate feasibility, pursue grant funding and develop a plan			
	<b>Change Physical Design</b>	Provider Services Manager	Improve the appearance of the walking paths to encourage use	Investigate feasibility, pursue grant funding and develop a plan			
	<b>Change Physical Design</b>	Provider Services Manager	NMC Farmland use to support patient therapies	Investigate feasibility, pursue grant funding and develop a plan			

\*By measuring our insured population, we plan to see a reflection of any community-wide efforts.

*Questions and concerns can be directed to Quality and Analytics at [malea.hartvickson@newtonmed.com](mailto:malea.hartvickson@newtonmed.com).*