

QUICK REFERRAL TO DIABETES EDUCATION



QRDE

PO Box 308 | Newton, KS 67114

PATIENT INFORMATION

Birthdate: ____/____/____ Gender: ____ Male ____ Female

Patient's Last Name _____ First Name _____ Middle Initial _____

Home Phone _____ Work Phone _____ Other _____

DIAGNOSIS

** Please send recent labs for patient eligibility and outcomes monitoring*

Type of Diabetes:

(Select all applicable)

Manifestations

- DM Type I
- DM Type II
- Gestational Diabetes

- Retinopathy
- Neuropathy
- Nephropathy
- Peripheral vascular disease

Complications

- Hyperglycemia
- Hypoglycemia
- Skin Ulcer/gangrene
- Macular edema

Use of Insulin

- Long term/current use of insulin
- Not using insulin

Other

- E11.329 Background diabetic retinopathy
- O24.319 Pregnancy (Known DM)
- O99.810 Abnormal glucose tolerance complicating pregnancy (gestational diabetes)
- E11.359 Proliferative diabetic retinopathy
- E88.81 Dysmetabolic syndrome X

_____/_____/_____*Signature and UPIN# _____*/_____/_____*Date

DIABETES SELF-MANAGEMENT TRAINING (DSMT) CONTENT

** Check type of training services and number of hours requested*

- All 10 content areas as appropriate
- Diabetes as disease process
- Psychological adjustment
- Prevent, detect & treat acute complications
- Diabetes self-management support
- Preconception/pregnancy management or gestational diabetes management
- Monitoring diabetes
- Nutritional management
- Goal setting, problem solving
- Prevent, detect & treat chronic complications
- Other _____
- Physical activity
- Medications

***PATIENTS WITH SPECIAL NEEDS REQUIRING DSMT**

**Check all special needs that apply*

- Vision
- Hearing
- Physical
- Cognitive Impairment
- Language Limitations
- Other _____

Has patient participated in formal diabetes education? No Yes, completed (mo/year) _____

**When the "Quick Referral to Diabetes Education" is completed and signed, please fax to 316-804-6148.*

Quick Include a face sheet, last office visit notes and lab results (A₁C, Lipids, BMP and Urine for microalbumin, if available)

Referral to Diabetes Education

